

What do you like to do? Employment Worksheet

1. I know the career field I will enter after high school/college. Yes No

Write it here:.....

Or, note your fields of interest/types of jobs that you like:
.....

2. I know what type of education/training I need for the career I want.
 Yes No

Write it here:.....

3. I am currently employed and it is a field/job I like. Yes No

4. My current job provides opportunities for further education or training.
 Yes No

(If you don't know, find out. Ask your supervisor/boss.)

5. I don't know about my future field/ job Yes No

Questions to consider when planning for employment:
(write your answers on the space provided)

1. Do you know what type of healthcare and cash benefits you are receiving? Yes No

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2. Have you considered how working will affect your benefits?
 Yes No

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3. What kind of accommodations do you need in order to perform the job that you want? (An "accommodation" is any change to your job or your work environment that will allow you to do your job well and is needed because of your disability – some examples are special computer software or getting instructions explained to you by a co-worker)

Yes No

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4. Do you know what kind of work you want to do? Yes No

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5. Have you developed a resume? Yes No

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6. Are you going to need a personal care attendant or job coach to help you at work? Yes No

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7. Will you disclose your disability to your employer? Yes No

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